

NOVEMBER 2023 - FEBRUARY 2024 (issue No. 29)

# The Sunshiner



**CHRISTMAS!**



**STORY BOOKS!**

**ABOUT  
SUNSHINE**

Sunshine Society is a NGO  
focused towards the  
betterment of children  
and elderly.

## This Issue Includes:

Diwali & Christmas celebrations,  
clothes distribution, raddi  
collection, art & calligraphy  
workshops and story book  
distribution



# DIWALI CELEBRATION



When creativity comes to play during festivities!

Diwali is the festival of lights, a mosaic of vibrant colour and spirited festivities. Families illuminate their homes with incandescent lights and diyas and exchange sweets and joy, spreading positivity and cherishing the warmth!

Children at the Gejha study centre showcased their talent with the help of their mentors. They made Diwali decorations and lit up the rangolis with luminous diyas. Children expressed their festive spirit through intricate rangoli designs, vibrant diya paintings and colorful depictions of the festival of lights. Each piece resonated with the cultural significance of Diwali, adding a touch of tradition to the gifts their donors received.





# DIWALI MELA



As the festive spirit of Diwali envelopes the air, Sunshine Society, a dynamic NGO dedicated to the welfare of children and senior citizens, showcases its impactful work at a vibrant Diwali Mela stall at Purvanchal Silvercity (Sector 93). The stall at the Diwali Mela radiated with a kaleidoscope of colors, showcasing a diverse range of artwork created by the children associated with the Sunshine Society. From vibrant paintings to intricate crafts, the artistic brilliance of these young minds was on full display, captivating the attention of visitors and creating an atmosphere of creativity and joy.

Volunteers from the Sunshine Society also actively engaged with visitors by setting up informative displays detailing the NGO's mission, activities, and impact on the community. These displays served as educational touchpoints, offering insights into the society's multifaceted efforts.

- Rahul Sehgal



# CSIR VISIT



A productive visit to CSIR! The children enriched their knowledge on genetics and DNA through numerous engrossing activities. The day began with a brief orientation in the auditorium. The kids were educated on the topic of genomics. Following this, they participated in the first workshop where they learnt about re-writing genes and correcting diseases from a talk by Dr. Sangam Giri Goswami. They also had the opportunity to visit the laboratories and observe the apparatus. Students got firsthand exposure to scientific equipment and ongoing research projects at CSIR labs in Delhi.

By learning science, they develop crucial skills like problem-solving and critical thinking. They get to experiment and actively engage themselves in the subject. Learning about science fuels curiosity, fostering new ideas and innovation. We are very thankful to Dr. Beena Pillai for inviting sunshine society's children for this session





# CHRISTMAS CELEBRATIONS



Christmas, the spirit that celebrates the joy of giving, is a time when families and friends celebrate together and enjoy. Christmas trees are dressed to the nines with vibrant ornaments and fairy lights illuminate homes. The streets are adorned with twinkling lights and the air filled with happiness. Christmas is not just about gifts and decorations, it's about kindness and generosity. Giving gifts to not only friends and family, but also to those in need, spreading joy and happiness throughout the season.

The children at sunshine crafted beautiful decorations, made Christmas cards, decorated their own ginger bread cookies and celebrated with joy! Alma bakery's Bogusia celebrated Christmas with the children of Sunshine. It included a movie & Ginger bread biscuits. Kala Raghvan sponsored popcorn and cupcakes.



# CHRISTMAS CELEBRATIONS CONTINUE...





# CHRISTMAS CELEBRATIONS CONTINUE...

“Gifts of time and love are surely the basic ingredients of a truly merry Christmas. On 22nd the centre was buzzing with music dance and lots of games as Santas visited our centre as Sujata, Sneh chugh, Seema, Garima, Anil ji, Nidhi and Hritik . They all got socks, caps , stationary, gifts and eats. They also brought secret Santa gifts from many residents of Silver City. Hritik captured beautiful moments and moods on his camera. Sujata danced and sang and quizzed children. Nidhi did short meditation and prayer with the children. It helped to connect all with self and bring harmony and awareness of being together. Seema ,Garima, Nidhi and Mayuri gave socks and caps to the children to be warm during the winters. Mannat from DPS Noida with her three friends conducted workshop for little ones and they made Santa masks. Senior girls of the centre made Xmas tree. Samosas , chocolates and lollipops were treat for children.



- Nirupma Chowdhary

# CLOTHES DISTRIBUTION

A clothes distribution drive was organized in Sector 50 at Alok Vihar 2 Apartment. The RWA supported the drive by providing the space and security for the event. The drive was managed by Shikha, the coordinator at Sunshine Society. Special Thank You to all those who donated the clothes.





# RRR

## REDUCE REUSE RECYCLE!!

Overflowing trash cans are a stark reminder of poor waste management. A sustainable future heavily relies on the way we manage our waste. The “3R’s” strategy; Reduce Reuse Recycle offers a pragmatic solution to this widespread issue.

The cornerstone of this solution lies in waste reduction. By minimizing the amount of waste we generate in the first place, we ultimately diminish the use of landfills. Taking small measures like planning grocery lists can reduce waste.

Replacing items like plastic straws and plastic bags with environmentally friendly options like paper or metal straws and cloth bags reducing the amount of non-biodegradable waste and working towards to solution to plastic pollution. Embracing a mindset of mindful consumption not only saves money but also reduces the demand for resource-intensive production processes.

The concept of reuse encourages us to extend the lifespan of existing items. Embracing refillable cleaning products and personal care items further minimizes packaging waste. Moreover, by carrying reusable containers while shopping or opting for takeout in reusable packaging, we actively contribute to a more sustainable future. Responsible recycling remains an essential element of waste management. It's important to be aware of local regulations regarding recyclable materials to ensure proper sorting and processing.

Reduce, Reuse, Recycle helps us conserve natural resources by reducing waste production which contributes to the fight against climate change as greenhouse gas emissions associated with waste management decrease.

- Advika Joshi



# KNITTING LOVE



**Dr. Mrs Amita Chandra, our sponsor and volunteer, knitted sweaters for our children. Her love and warmth is being worn!**





# RADDI COLLECTION



## **Sunshine Society's Transformative Impact Through Raddi Collection**

Collecting raddi may seem like a tedious task, but has significant impact on society. Sunshine Society has been actively engaged in raddi collection since a long time.

For a long time, the Sunshine Society has been leading the charge, turning throwing away scrap into a team effort that keeps our city healthy. With all the stuff we throw away these days, it can be a big job for one person, but when we all work together, it becomes something special. The Sunshine Society is like the quarterback of this whole thing. They organize monthly pickups from different neighborhoods in Noida, like Purvanchal Sivercity and ATS One Hamlet. Then, they expertly sell this scrap to collectors, and the money they make helps the Sunshine Society grow. This money goes towards helping kids and elderly people in need, making their good deeds go even further!

Because of the Sunshine Society's hard work, more and more people are getting involved in making Noida a better place. They're a perfect example of how even small things, like collecting scrap, can make a big difference when we work together!

- Rahul Sehgal

# ART WORKSHOP



Puja Kumar, a well known watercolorist came all the way for a talk & demonstration ' The Melody of Booms' for Art Dil se! She believes flowers communicate the message of tranquility. She uses analogous colours to create smiling blooms One of the activities of the evening was a talk by artist Shalini Dutt , a textile designer turned artist working mainly with Textiles and Crafts. She uses materials, yarns, fabrics, old and discarded everyday items into her creations, be it tactile or visual arts creating, awareness for the environment.

The enthusiastic kids from Sunshine Society joined them for a creative workshop learning about the different forms of art and getting a hands-on experience.





# CALLIGRAPHY WORKSHOP



Sunshine Society Sec 93 students participated in a calligraphy workshop at Crafts Museum. Tanvi Saraiya, an established Calligraphist, volunteered to take Sunshine's children to the crafts museum to attend the workshop and continues to teach calligraphy to our children.





# WINTER COMFORT



As the temperature dipped, fog engulfed Noida and chill crept in, humanitarian assistance came from Silvercity for the underprivileged children of Sunshine Society. Warm jackets were distributed to the children by Mathur Vaishya Mahasabha Noida members. The team was led by Manish Pengoriya. Hoodies were also distributed by a little girl with a warm heart. We are really grateful to the kind donors who never forget our children and are always thinking about them.

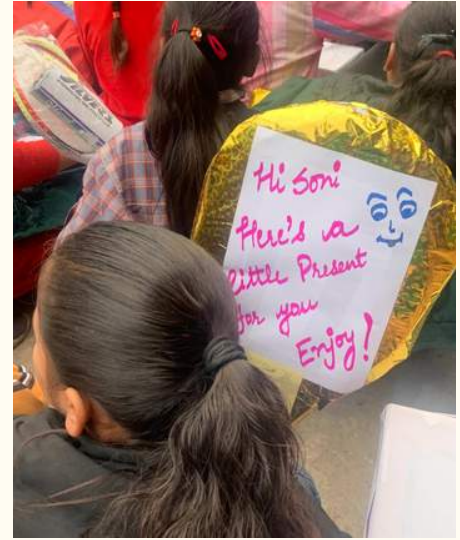
# STORY BOOK DISTRIBUTION

Our member, Vinod Taneja, celebrated his birthday by distributing storybooks to the students of afterschool study centre Sector 93 to inculcate better reading habits.





# THE JOY OF GIVING



Infoedge(Shiksha.com) - came up with a beautiful thought of collecting the wish list from our children at both the study centers. Then each employee was allocated a wish list to fulfill and the same was distributed to the children at the respective study centers.

It was so heartwarming to see the team so involved in planning, sourcing, packing the gifts and taking the time out from their busy schedules to come and interact with the children and distribute their wished gifts. The joy on the children's faces and the excitement was so satisfying. Many thanks to Infoedge team and to everyone who was involved in this Joy of giving.



# NURTURING MINDS & HEARTS

Storybooks and just reading in general is an essential part of growing up as this fosters vivid imagination and significantly impacts cognitive abilities and emotional well being. Reading books acts as a mental exercise for our brain where we can imagine and spark creative ideas.

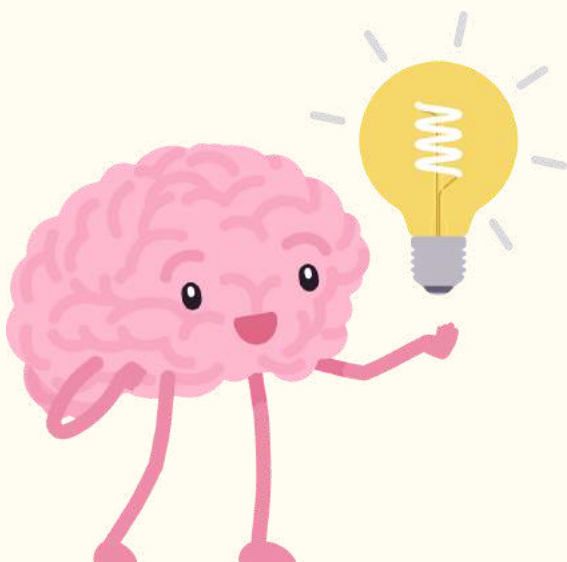
This mental visualization enhances cognitive skills, contributing to improved problem-solving abilities. Furthermore, books play a crucial role in language development.

For young readers, exposure to diverse vocabulary and sentence structures facilitates language acquisition. Even adults benefit, refining their communication skills through exposure to varied linguistic patterns.

Beyond cognitive benefits, books provide insights into the human experience. Exploring characters' emotions and experiences fosters empathy, aiding in understanding one's own feelings and those of others.

In addition to emotional and cognitive development, books serve as educational tools, offering knowledge about the world. From facts about animals to historical insights, each reading session provides an opportunity for learning and personal growth.

- Advika Joshi





# THE DIGITAL LEARNING CENTER

The Digital Center for our After School Study program was launched recently.

The objective is to provide an alternate learning method along with the class room sessions that are currently carried out at the after school study centers.

The initial focus is to create and provide video based learning programs from class 6th till 8th and later extend the same to other classes as well. This initiative is being done under the supervision of our member - Vinod Taneja and has been sponsored by Yokohama and BKT Industries, In the initial phase the video modules of Maths are available for all the 3 classes and the delivery of the same has already started. Work is being done for Science so that we can get that rolling as well in the next few weeks.

Our teacher Varsha, is managing the video based sessions in Sector 93 under the guidance of our members Nirupama and Rijita. The video modules were designed and created by Ujjwal - who is currently involved in teaching at Sector 50 center.



# Editor's Note

Dear Reader,

This publication marks my first opportunity to design and curate this newsletter consisting of Sunshine's stories over the past few months. Each page reflects our dedication to fostering a brighter future for these young minds.

We at Sunshine society dedicatedly support children to create social and economic change and to realize their full potential. We try to provide resources and opportunities which can help them to create positive and lasting change. Investing in young children is the key to unlock sustainable progress, and together, let's work to create a better future for them.

Advika Joshi  
Student Editor



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